

Pecyn
Gweithgareddau
Ysgol Gymraeg
Casnewydd
Activity Pack

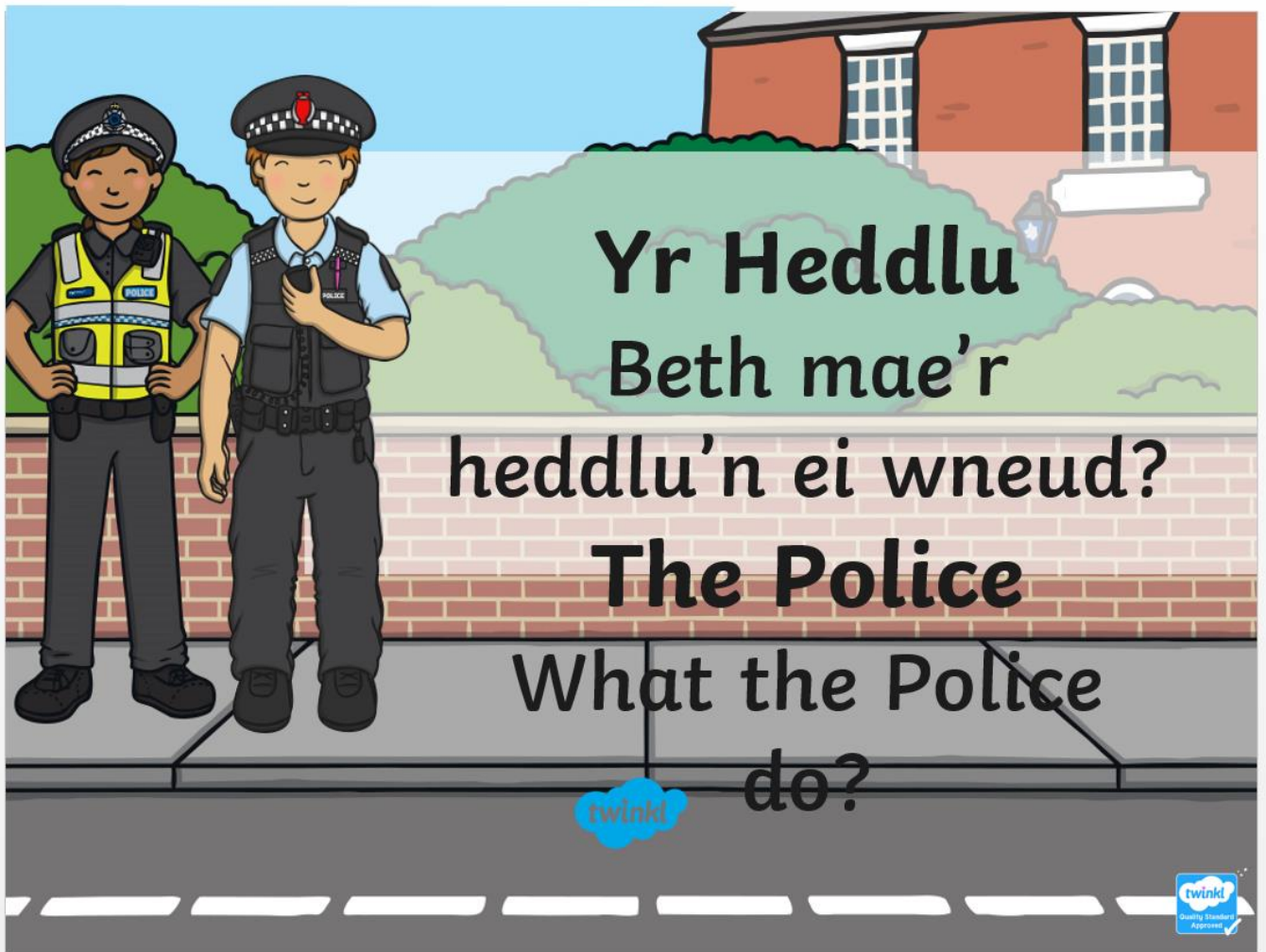


Meithrin / Nursery
Wythnos 1 / Week 1
29.06.2020

Dosbarth: Meithrin		Thema: Gorau Cam, Cam Cyntaf / Every Journey Begins with a Single Step – Pobl sy'n Helpu / People who help (Heddwys / Police) Week 1	
<p>leithoedd, llythrennedd a chyfathrebu / Languages Literacy and Communication</p> <p>Task 1 / Task 1</p> <p>Darllenwch y Pwyntpŵer sydd ar HWB – Beth mae'r heddlu yn eu wneud? Trafodwch rôl yr heddlu o fewn ein cymuned ac yn eang.</p> <p>Read the Powerpoint that on HWB – Beth mae'r heddluyn eu wneud?</p> <p>Discuss the role of the Police within our community and wider.</p>	<p>Mathemateg a Rhifedd / Mathematics and Numeracy</p> <p>Task 1 / Task 1</p> <p>Cyfrif y pobl sydd yn ein helpu a nodwch y rhif yn y cylch. Ymarferwch ysgrifennu eich rhifau.</p> <p>Count the People who Help Us and then write the number in the circle. Practice writing your numbers.</p>	<p>Arloesi / Innovation</p> <p>Task 1 / Task 1</p> <p>Creuwch Car Heddlu eich hun gan ddefnyddio'r templed a rhoddwyd.</p> <p>Create your very own Police Car using the template provided.</p>	<p>Iechyd a Lles / Health and Wellbeing</p> <p>Task 1 / Task 1</p> <p>lechyd a Lles E-ddiogelwch Health & Wellbeing e-Safety</p> <p>Gweithgaredd i feddlwl am faint o amser rydych yn treulio o fleen y sgrin a beth allwch wneud os ydych chi.</p> <p>An activity to think about the amount of screen time the children may be having and what you could do if you are.</p>
<p>Task 2 / Task 2</p> <p>Gweithgaredd Peg Adnabod llythrennau – Edrychwch ar y llun, darllenwch y gair, yna gosod y peg ar y llythren cyntaf o'r gair. Swnio'r gair ar llythren.</p> <p>Letter recognition Peg Activity – Look at the picture, read the word, then place the peg on the letter that corresponds with the picture or word.</p>	<p>Task 2 / Task 2</p> <p>Defnyddiwch y rhifau yn y pecyn er mwyn trefnu y rhifau. Penderfynwch chi ble hoffech orffen. Gallwch gyfrif i 0-3 / 0-5 / 0-10 / 0-20</p> <p>Use the police themed numbers in this booklet and sequence the numbers. You decide where you'd like to count to 0-3 / 0-5 / 0-10 / 0-20</p>	<p>Task 2 / Task 2</p> <p>Defnyddiwch y lluniau'r o'r pobl a'r eitemau sydd yn dod gyda nhw a chreu mygydau newydd. Dychmygwch taw cuddawg yw. Trafodwch y wahanol lluniau, rhannau'r corff a'r eitemau yn gymraeg.</p> <p>Use the pictures of the people and the items provided and create a mask. Pretend that the masks are disguises. In Welsh, discuss the different colours, parts of the body and items.</p>	<p>Task 2 / Task 2</p> <p>Mae'r linc youtube i Cosmic Kids yn hyfryd am wneud bach o loga efo'r plant. Mae'n bwysig stopio, anadlu a chymryd bach o amser i feddlwl am eich sefyllfa.</p> <p>The Youtube link to Cosmic Kids is lovely for all the family to join in. It's important to take time out, breath and think of our current situation.</p> <p>https://www.youtube.com/user/CosmicKidsYoga</p>
<p>Task 3 / Task 3</p> <p>Ffurflen Digwyddiad Heddlu / Police Incident Forms Chwarae rôl - Dychmygwch taw ti yw'r Heddlu am mae digwyddiad wedi bod. Ysgrifennwch neu creu lluniau ar y taflen o beth ddigwyddodd.</p> <p>Role Play – Pretend that you are the Police and an incident has happened. On the form provided, write down the incident or create pictures.</p>	<p>Task 3 / Task 3</p> <p>Gan ddefnyddio'r symbolau mathemategol, adlio, tynnu, yn hafal i, a'r rhifau o dasg 2, creu symiau eich hun. Unwaith rydych wedi creu swm, defnyddiwch lluniau ar bapur neu bysedd i adlio neu tynnu yn weledol.</p> <p>Using the printable mathematical symbols, addition, minus and equals and the numbers from task 2, create your own sums. Once you've created the simple sums, use pictures on paper or fingers to visually add or subtract.</p>	<p>Task 3 / Task 3</p> <p>Creu poster Yn Eisiau Defnyddiwch y taflen yn y pecyn.</p> <p>Create a Wanted poster. Use the sheet provided.</p>	<p>Task 3 / Task 3</p> <p>Gêm Cof – Beth sydd ar yr Hambwrdd? Rhowch amrywiaeth o eitemau sydd o amgylch y ty a rhowch ar yr hambwrdd. Yna gofynnwch i rywun i edrych ar yr eitemau amd 20 eiliad. Unwaith mae nhw wedi gorchuddiwch. Rhaid cofio beth yn union oedd ar y bwrdd.</p> <p>Memory Game – What's on the Tray?</p> <p>Put a variety of items found around the house on a tray. Ask someone to look at the items for around 20seconds. Once they've done that cover the items. Ask them to remember what was on the tray!</p>

Darllenwch y Pwyntpwr am Beth mae'r heddlu yn eu wneud. Trafodwch y wahanol pwyntiau o fewn y Pwyntpwr ac ymarferwch y geiriau cymraeg.

Read the Powerpoint about what the Police do. Discuss the different points and try and read some of the welsh words.



laith / Literacy

Tasg 2 / Task 2



car
(car)

g

c

b



heddlu
(police)

h

p

d

laith / Literacy

Tasg 2 / Task 2



fan
(van)

f

p

d



ceffyl
(horse)

c

f

p

laith / Literacy

Tasg 2 / Task 2



gwisg
(uniform)

n

s

g



het
(hat)

a


h

r


Iaith / Literacy

Tasg 3 / Task 3

Tâl Heddlu Police Fine

Enw'r Swyddog: <i>(Officer Name)</i>	
Amser: <i>(Time)</i>	Diwrnod: <i>(Day)</i>
Rhodddwyd i: <i>(Issued to)</i>	
Lleoliad: <i>(Location)</i>	
Digwyddiad: <i>(Incident)</i>	
	
Arwyddwyd: <i>(Signed)</i>	
Tâl: <i>(Fine)</i>	

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Digwyddiad: <i>(Incident)</i>	
	
Arwyddwyd: <i>(Signed)</i>	
Tâl: <i>(Fine)</i>	

Rhifedd / Numeracy

Tasg 1 / Task 1

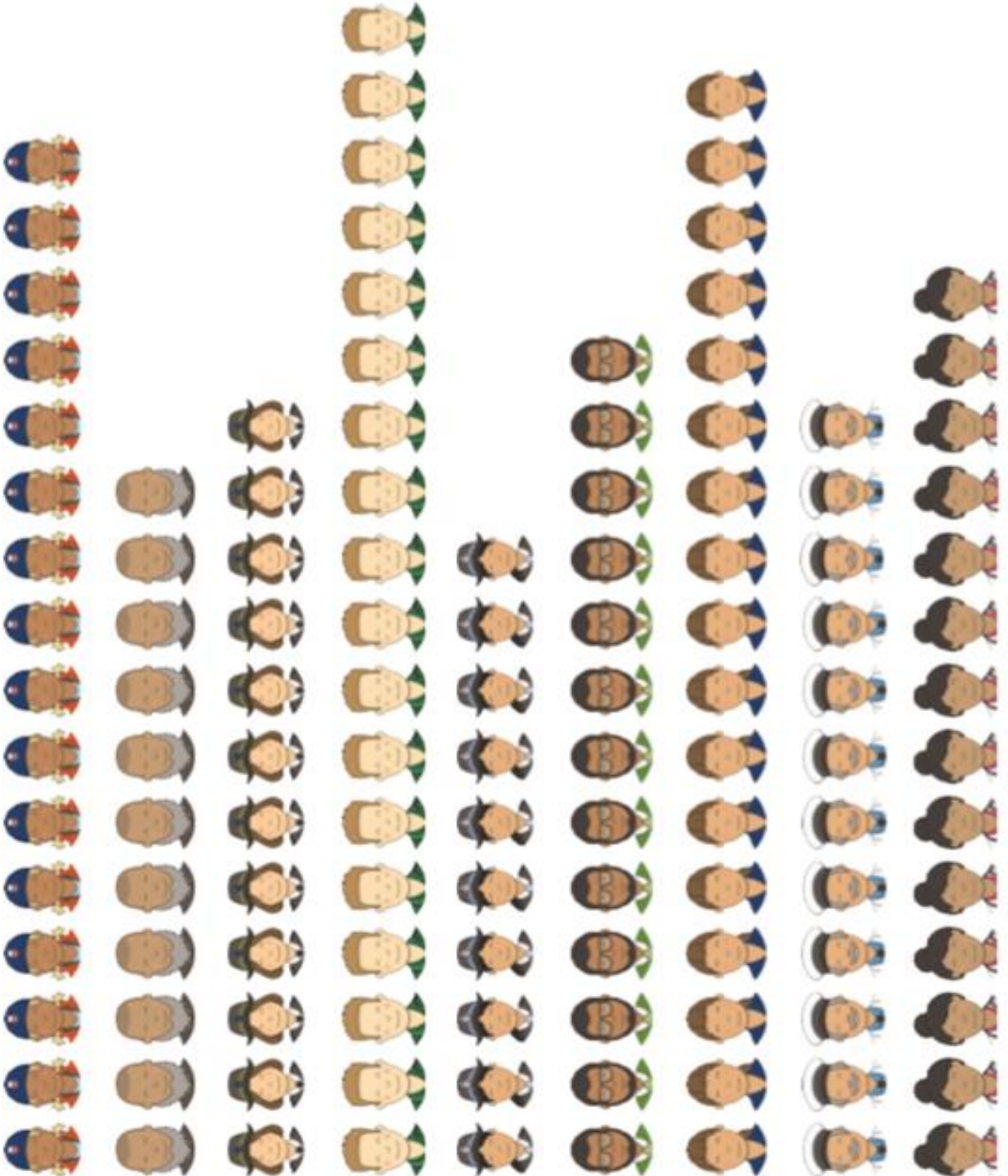
Cyfrifwch y nifer o bobl ym mhob rhes a nodwch y nifer yn y cylch.

Count the number of people who help us in each row then write the amount in the circle.



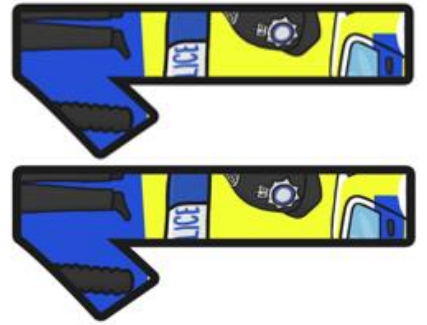
Rhifedd / Numeracy

Tasg 1 / Task 1










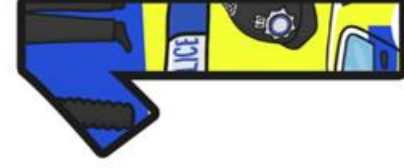










Rhifedd / Numeracy

Tasg 2 / Task 2



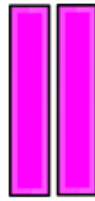
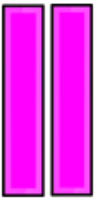
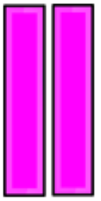
Rhifedd / Numeracy

Tasg 2 / Task 2

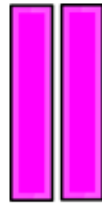
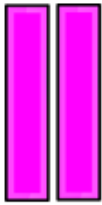
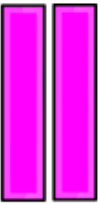
Rhifedd / Numeracy

Tasg 3 / Task 3



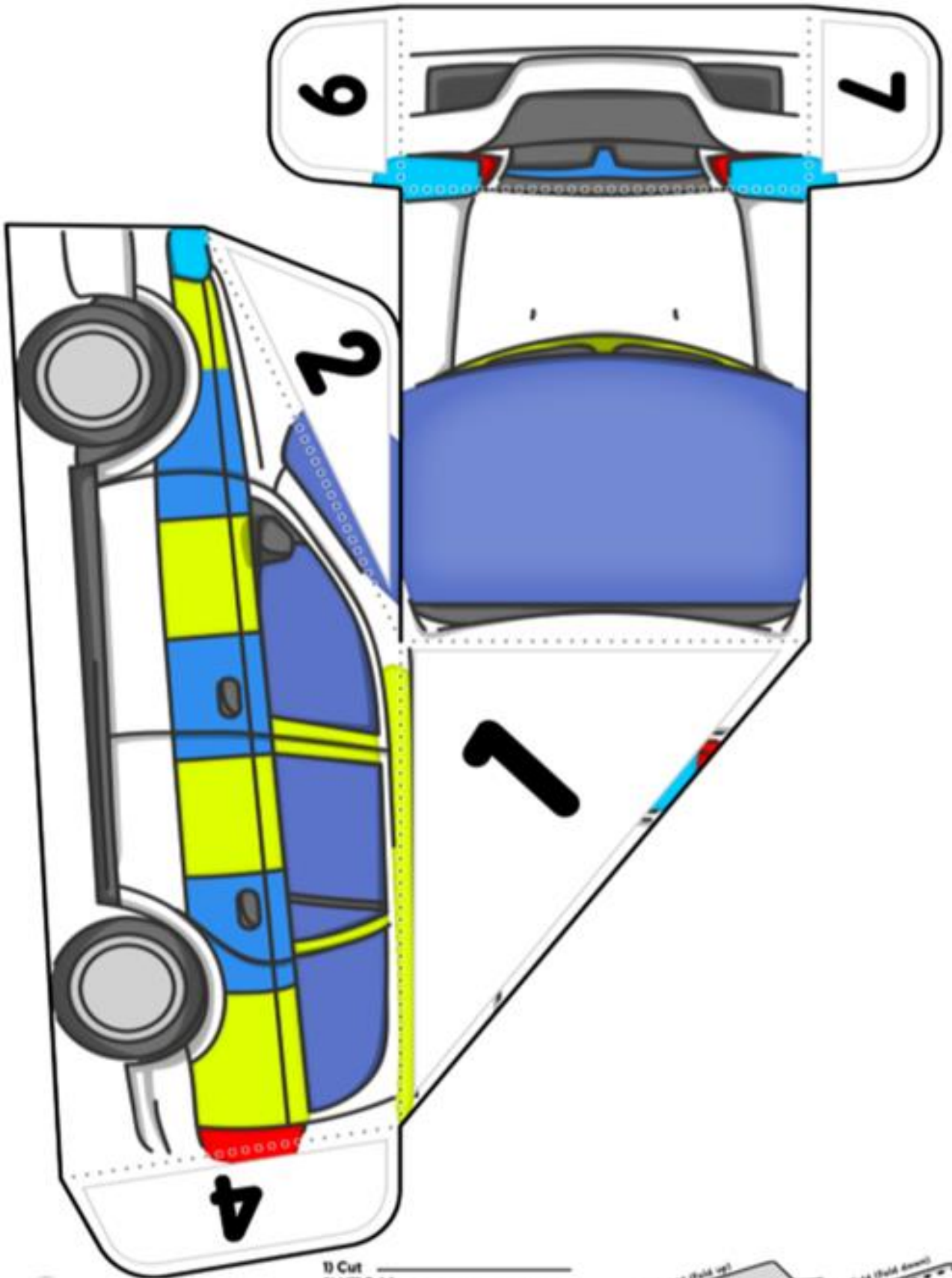
Rhifedd / Numeracy

Tasg 3 / Task 3



Arloesi / Innovation

Tasg 1 / Task 1

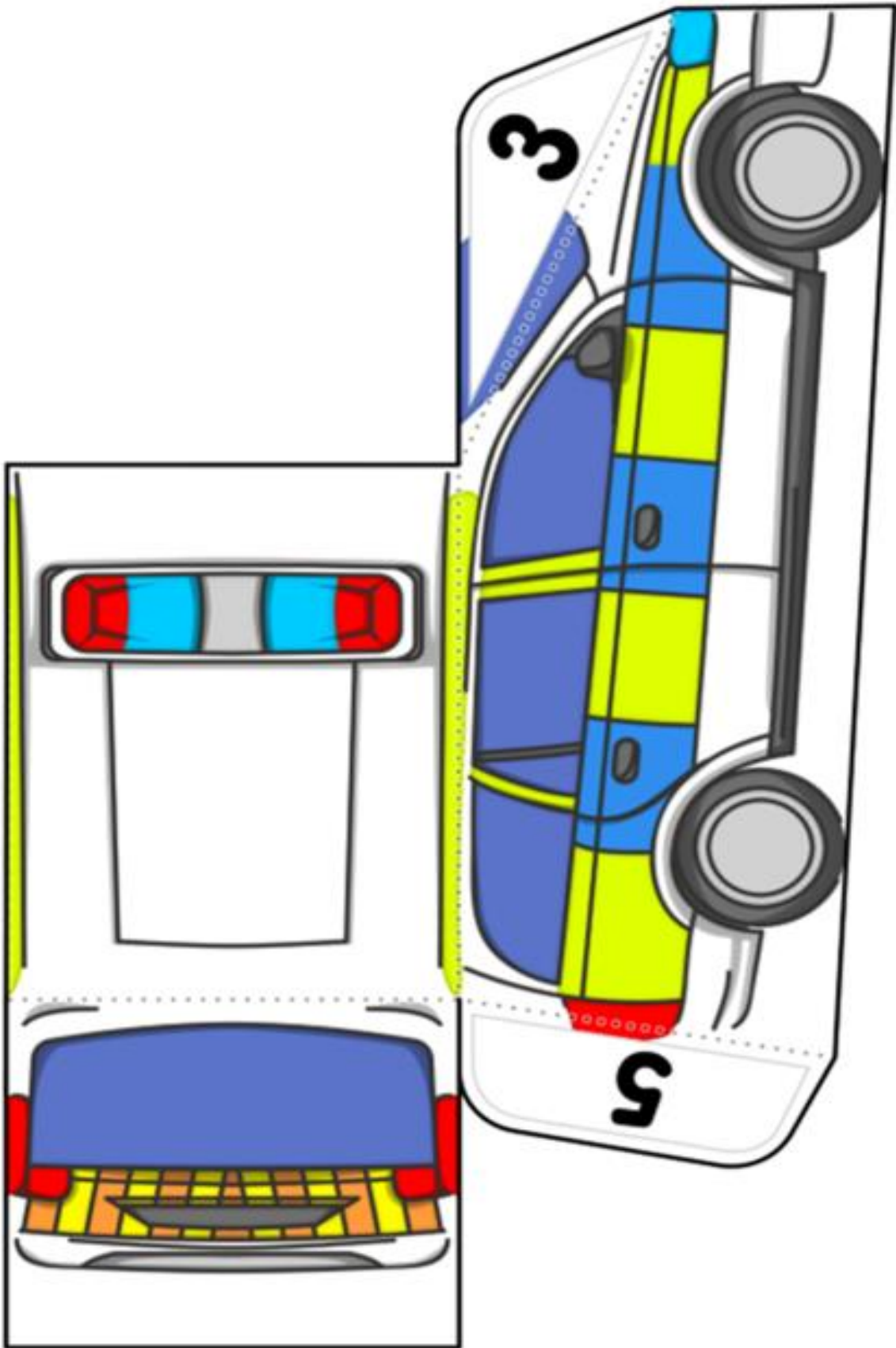


- 1) Cut
- 2) Hill Fold
- 3) Valley Fold
- 4) Glue



Arloesi / Innovation

Tasg 1 / Task 1

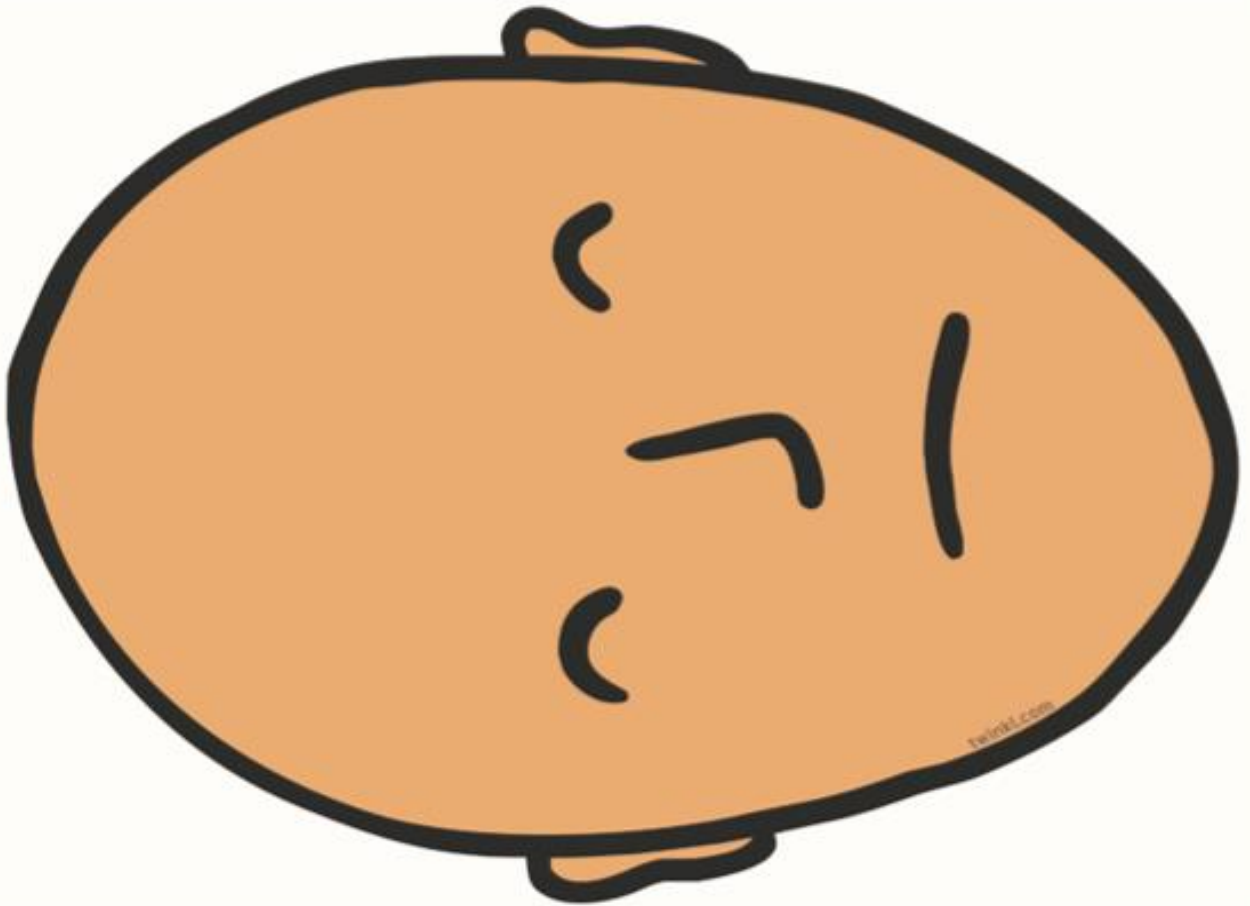


- 1) Cut _____
- 2) Hill Fold - - - - -
- 3) Valley Fold - - - - -
- 4) Glue 1 2 3



Arloesi / Innovation

Tasg 2 / Task 2



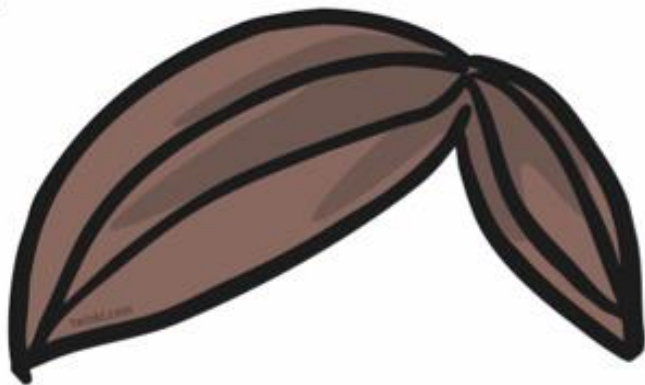
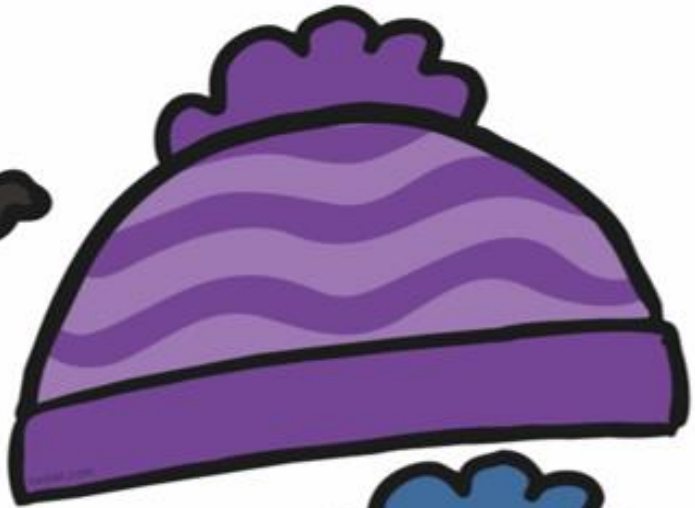
Arloesi / Innovation

Tasg 2 / Task 2



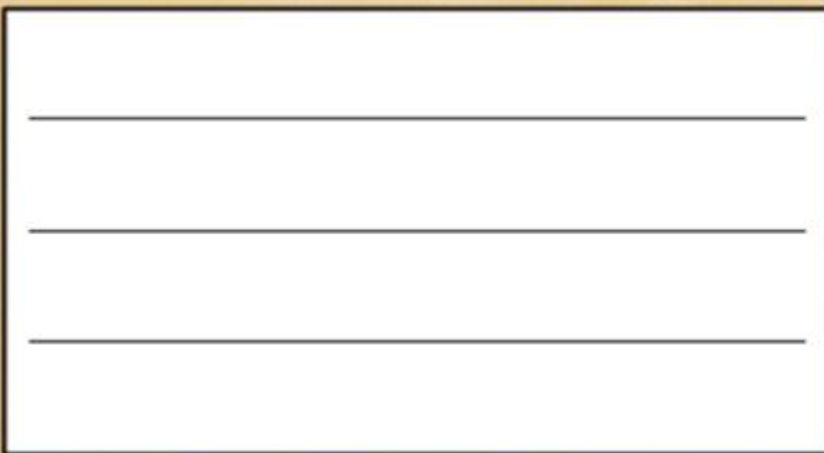
Arloesi / Innovation

Tasg 2 / Task 2



Yn Eisiau

Wanted



Lles / Wellbeing

Tasg 1 / Task 1

Sut ydych chi'n gwybod os ydych wedi cael gormod o amser sgrin?
Gwrandewch ar eich teulu ac ar eich corff.

*How do you know if you've had too much screen time? Listen to your family
and your body.*

Beth sy'n digwydd?

Beth allwch chi gwneud?



Efallai rydych chi'n
dechrau teimlo'n
grac
gyda gem.
Maybe you start
feeling angry
with the game.



Gallwch godi a
chewch i ystafell
arall. Anadlwch
a gwnewch 5
munud o
feddylgarwch.
You could get up and
go to a different
room. Try 5 minutes
of mindfulness.



Efallai rydych chi'n
dechrau teimlo'n
flinedig neu ddiflas.
Maybe you start
to feel bored or tired



Codwch a
cewch i gael
cwpan o ddŵr. Ewch
i'r ardd i wneud 10
naid seren.
Get up and get
a drink of water,
then go and do
some star jumps
in the garden.



Efallai rydych chi'n
dechrau teimlo'n
llwglyd.
Maybe you start to
feel hungry.



Ewch allan
i gael picnic yn
yr ardd.
Go for a picnic in
the garden.



Efallai mae
eich rhieni
yn meddwl
rydych chi
wedi awario
gormod o amser o
flaen sariu.
Maybe your parents
tell you you've had
too much screen
time.



Gwrandewch
arnyn nhw.
Ewch i dreulio
amser gyda'ch
teulu a gwnewch
rywbeth hwyl
Listen to your
parents, go and
spend some time
with your family.

Nawr mae'n tro chi i feddwl am yr effeithiau o ormod o amser sgrin. Creu lluniau i ddangos yr effaith. Rhaid creu llun o sut i ddatrys y sefyllfa.

Now it's your turn to think of some of the effects of too much screen time. Draw pictures to show the effects. Then create a picture of how to resolve the effects.

Beth sy'n digwydd? / What's happening?	Beth allwch chi wneud? / What can you do?
1.	1.
2.	2.
3.	3.

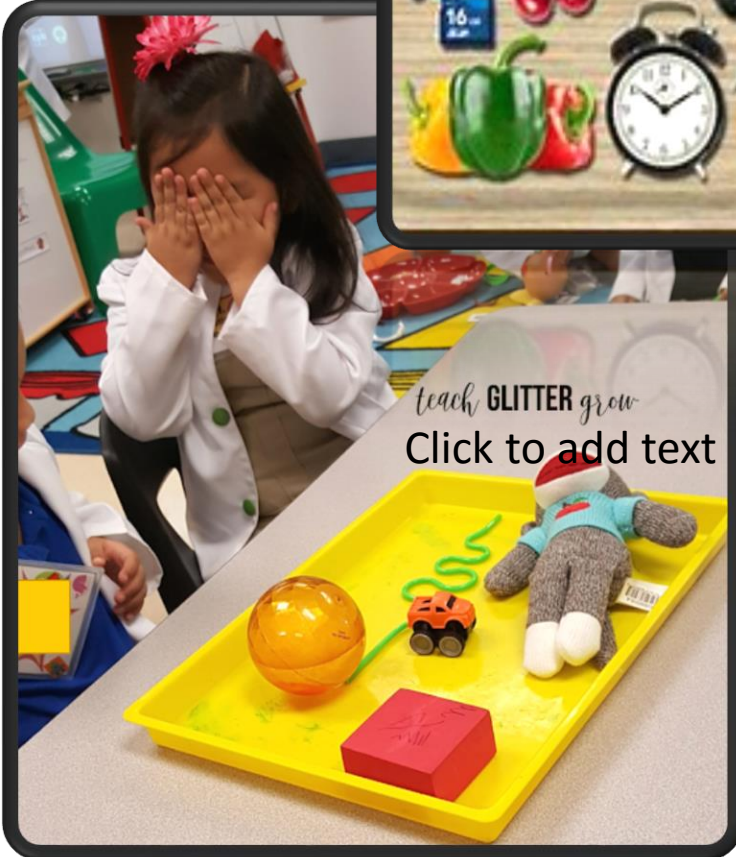
Lles / Wellbeing

Tasg 2 / Task 2



Lles / Wellbeing

Tasg 3 / Task 3



teach GLITTER grow
Click to add text

Rhowch eitemau ar hamfwrdd. Ceisiwch ffeindio eitemau sy'n ymwneud efo'r heddlu, ond does dim ots. Yna gofynwch i rywun edrych ar yr eitemau a chofio nhw. Wedyn, rhaid cuddio'r eitemau a gofynwch i'r person cofio pa eitemau sydd ar yr hamfwrdd. Faint oedden nhw'n gallu cofio?

Place items on a tray. Try and find Police items, but don't worry if you don't have any. Ask someone to look at the items on the tray and remember them. Then, cover the items and ask the person to remember as many of the items as possible. How many did they remember?